



Intuitive Energetics

Newsletter



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Other days and times may be available for appointments as needed.

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News & Updates

New Certification: CranioSacral Therapy for Small Animals. Last month I attended a CranioSacral Therapy for Small Animals Workshop in New Jersey. This was the first course offered by the Upledger Institute that focused exclusively on dogs, cats, and other small animals. It was a fabulous week of learning and sharing with other instructors and practitioners of the healing arts for animals. And, I am very excited to announce that I am the only CranioSacral practitioner in the midwest who is certified in small animal work!

New Class: Animal Scents - Using Essential Oils with Animals.

I will be teaching this class along with Vicki Beaman of Hearts and Hands. The class will include an introduction to Young Living Essential Oils and how to use the essential oils with animals, including: general guidelines, how much to use, where to apply them, guidelines for different species, an essential oil first aid kit for animals. Additionally, the class will include suggestions for specific oils for different conditions such as arthritis, injuries, wounds, infections, fleas, inflammation, calming, and trauma. There will also be information on how to purchase Young Living Essential Oils. More details will be available on the website soon. Call or email to register for the class.

When: Saturday, May 14, 2005, 1-4 pm.

Where: Indianapolis (Northside, exact location to be announced soon.)

Fee: Free

New class dates: I have set the dates for the Reiki and Basic Animal Communication workshops for this fall. See page 3 for more details.

Feature Story of the Month

My second feature story of the month is about Susan, a human client, and her two springer spaniels, Brianne and Hannah. Susan and her dogs come to my house for an afternoon of healing sessions every month. Last month while they were here, Brianne informed me that she wanted to be the next feature story of the month! What a surprise for me as I did not even know that Brianne knew about the newsletter! One of the things that I love the most about this work is that the animals are always surprising me with their levels of awareness, their observations, or, in Brianne's case, their demands. So here is Brianne's story. It is told by Susan, myself, and Brianne.

Brianne & Puppies



From Susan: "More than a year ago, it was suggested that I contact Karin to work with Hannah. That phone call to Karin set off a chain of events that has changed our lives. Hannah had some behavior issues that were getting worse instead of better. The person who suggested that I contact Karin thought that much of Hannah's problems could be attributed to the fact that she was not 'grounded'. (Grounded is feeling and being connected to your physical body.) After Hannah's first session with Karin, Brianne demanded that she get her turn the next visit. As Karin worked with Hannah, deep seated issues periodically came to the surface that needed to be worked on. Additionally, Brianne needed to learn not to hold onto things and how to release them properly."

I remember the first time I worked with Hannah. I sat on the floor, Hannah sat next to me, and I did Reiki on her for an hour with Hannah sitting perfectly still the entire time. As Susan said, Brianne insisted on coming for the next appointment. Then we started doing esoteric healing and emotional clearing with them both and their progress has been remarkable. It was such a joy for me to watch both dogs improve emotionally and physically so much so that Hannah was successfully competing in agility trials last summer and Brianne was a proud mom to a litter of beautiful, healthy puppies!!!

Our work continued after the puppies were born. From Susan: "When Brianne had her puppies this summer, Karin did Reiki with the three day old puppies. It was amazing to watch the tiny puppies settle down and absorb the energy Reiki provides." I continued to do Reiki with the puppies every four weeks. I also worked with the puppies when it was time for them to go and live with their new families. I helped both Brianne and the puppies detach from each other emotionally so that the puppies could have happy, healthy lives separate from their mom. Today Susan says that these puppies are the healthiest puppies that she has ever raised, both physically and emotionally.

From Susan: "We all still go to Karin's for a 'wellness visit' every month to prevent problems from developing. Depending on each individual's needs, a typical session at Karin's involves Reiki, esoteric healing, emotional clearing, chakra balancing, animal communication, aromatherapy, and/or massage therapy. It is hard to explain how Karin has helped or to describe the benefits that a session provides. You have to experience it yourself. Everyone, myself included, is happier and healthier since we started working with Karin."

Feature Story of the Month Continued

Of course, Brianne insisted that I add her testimonial to the story. This is what Brianne had to say about the time we have worked together, "I love going to Karin's house because she makes me feel better. First, she listens to me. She listens to me when I tell her how I feel and she listens to my body. She knows how it feels, too. Karin only does what makes me feel better and she doesn't do anything that I don't like. She helps me to relax. When she puts her hands on me it feels like warm, soft love flowing through my body. That feeling calms down the inside of my body and makes it feel better. Karin helped me have my puppies and she helped me not feel sad or worried. She always makes me feel happy. She can brush any unhappiness right off of me. Also, Karin taught my mom how to talk to me and how to hear me talk to her. And, she taught my mom how to have the warm energy flow out of her hands. She makes my mom feel better, too. Karin helps all of us feel good and be happy."

This Month's Special Offer

The special offer for April is 20% off of an in-person, healing arts session for you or your animal companion. Call me or see the Healing Arts for Animals or Healing Arts for People sections on the website for more information.

Classes & Workshops

Basic Animal Communication Workshop

Introduction to the key elements of telepathic communication with animals. Through in-class exercises and meditations, students will practice techniques that will increase their awareness and understanding of animals as well as their receptivity to telepathic communication. Workshop fee: \$200.

Saturday & Sunday, September 10 & 11, 1-5 pm

Reiki Healing Workshops (Including how to do Reiki with animals!)

Learn the healing art of Reiki, an ancient form of hands-on healing that employs the Universal Life Force Energy to balance and heal the body. All Reiki classes are on Saturdays from 1-6 pm. Workshop fees: Reiki I & II—\$100. Reiki III—\$200.

Reiki I - April 9, July 9, & November 5, 2005

Reiki II - May 7 & August 13, 2005

Reiki III - June 4 & October 15, 2005

*See the website or call me for more information about the animal communication and Reiki workshops.
Call or email to register for a workshop.*

New Feature Stories

The newsletter will feature all types of stories about animal communication, healing arts sessions, classes, and workshops. If you would like to share a story about how a class/workshop, an animal communication, or a healing arts session has benefited you and/or your animal companion, please send it to me. You can mail or email it or call me with the story. Your animal companion's story and picture could be featured in an upcoming newsletter!

Referral Policy

This is an ongoing offer in addition to the monthly special. Established clients will receive \$10 off of their next appointment for each friend they refer who schedules an animal communication consultation or healing arts session.

Quote of the Month

Each month I am going to include a favorite quote, poem, or passage from a book. The first one is a passage from the book, Animals as Teachers & Healers, by Susan Chernak McElroy. After reading the book, this is the story that I remembered the most. It is a beautiful and simple example of how our animal companions can teach us important lessons about life.

"Many people wrote letters about the simple, yet far reaching gifts their pets gave them over a lifetime. Nowhere have I seen the joy of simple gifts and of thanksgiving more poignantly demonstrated than in the following story by Susan Huskins.

We lived in a large house and my cat, Sammi, always took pride in leaving me small field mice at the door each morning. She was extremely proud of these successful hunting ventures and looked forward to my praise of these small gifts at the door. Then, we had to move to a very small apartment. There were no fields for her to play in, and only a few trees to climb.

When I finally let her out solo, she greeted me at the door the following morning as was her habit, talking up a storm and just as proud as she could be. When I looked down, there at my feet were two small pine cones. I was absolutely amazed. She continued to bring a pine cone or two to the door each morning until the day she died.

I will never forget Sammi. My little cat showed me that no matter what the situation, we can find a way to make the best of it. To this day, when things are hard to deal with, I see her at the door with those pine cones."

Comments and Suggestions

Please send me an email with any comments about this issue or suggestions for future issues of the newsletter. I would love to hear from you!