



Intuitive Energetics

Newsletter



Volume 2, Issue 6

August 2005

Karin Gose

Animal Communication Specialist
Healing Arts Practitioner

Office Hours: Monday-Friday, 1-8 pm.

If necessary, other days and times can be arranged for appointments.

Phone Numbers: For information, to schedule an appointment, or to register for a class, 765-860-4336.
For scheduled appointments ONLY, 765-452-9197.

Mailing address: P.O. Box 6436 **Email address:** info@karingose.com **Website:** www.karingose.com
Kokomo, IN 46902

Newsletter Subscriptions: If you received a copy of the newsletter as a forwarded document from a friend, I encourage you to subscribe to it to ensure that you receive future issues. To subscribe, go to the website, email or call me.

News & Updates

All About Horses: This issue of the newsletter is dedicated to all of my horse clients. My horse clients, as a group, have come forward and let me know that they have been feeling very left out of the newsletter! They wanted the next feature story to be about a horse. The horses wanted us to know that they had important stories to tell, too, just like the dogs and cats. To thank all of my horse clients, this issue of the newsletter is all about horses.

New Reiki II Class Date Added: An additional Reiki II class has been added to the schedule. It will be held on Saturday, September 3rd. See page 4 of this newsletter for more information.

Gift Certificates are now available: See the website or call for details.

New Feature Stories - For ALL Species!

I would love to feature more horses (or any species) in the feature story of the month! If you would like to share a story about how a class/workshop, an animal communication, or a healing arts session has benefited you and/or your animal companion, please let me know. You can mail, email it, call me with the story, or I can do all of the writing for you. Your animal companion's story and picture could be featured in an upcoming newsletter!

Feature Story of the Month

This month's feature story is about two horses. Their names are Carrie and Pedro and they are both geldings (castrated males). Carrie is a 29 year old Quarter horse and Pedro is a much younger, 7 year old Paint. I recently had the opportunity to work with them in-person. I talked to both of them and did hands-on healing and energy work with Carrie. One of their human companions is Vanessa. I have worked with Vanessa's Siberian Husky, Sasha, several times, but this was my first visit with her horses. I have written their stories for them, but as I wrote, they told me what they wanted to be included!

Carrie



Pedro



Carrie wanted everyone to know how much he enjoyed and appreciated the opportunity to talk directly to Vanessa and her sister about his past and present issues. Carrie told me that he was very relieved to be able to tell Vanessa about why he was uneasy around her when she was a kid, even though he loved her very much and was very happy to be living at her house. He told us that the place he lived before had wild kids and they had mistreated him. He said that they treated him as if he were a piece of farm equipment to play with. Because they were so rough on him, he was leery around kids for a while, including Vanessa. But, Carrie explained that because Vanessa loved him and took such wonderful care of him, he was able to gradually let go of his fear of children. Now he is proud of being very good at working with and teaching children about horses.

Carrie also enjoyed his Reiki treatment. It was his first experience with energy work. He was very relaxed and enjoyed soaking up all of the healing energy. He said that it was even better than a rejuvenating nap! During his Reiki session, Carrie told us about how he was feeling. His main complaint was pain from arthritis, especially in his hips. He explained to Vanessa that his hips are very sore and that is why it is hard on him when she needs to lift up his feet to work on his hooves. When she needs to lift his left foot, the additional weight on his right leg hurts his right hip.

Carrie then told us about how he couldn't eat last winter. He said that when he tried to eat hay, it got caught in the back of his mouth and made him choke. Vanessa added that, yes, Carrie did have a problem with his teeth and he had to have them floated last spring. (For non-horse people: Horse teeth continuously grow. This overgrowth can cause pain, behavior problems, and nutritional deficiencies. When the horse's teeth are floated, the sharp points and overgrowth are filed down to a normal level.) Because he was afraid to eat the hay, he had lost quite a bit of weight. It was winter time and the pasture that he and Pedro were in did not have tender grass to eat. At this point, Pedro jumped into the conversation. Being a very young horse, Pedro is full of energy and creative ideas. He informed us that he and Carrie knew where there was another pasture that had good grass to eat, but Carrie would not go through the fence to get to it. Pedro had the answer--if Carrie needed the grass, he would make it possible for him to get it. Pedro broke through the fence and took Carrie into the pasture where he could eat the grass! Carrie said that he was able to swallow the softer grass much easier than the hay. Pedro is very proud that he was able to help Carrie, although he doesn't think it was a big deal. He said Carrie needed to get through the fence to get to the grass, so he knocked it down. In his opinion, it

Feature Story of the Month - Conclusion

was the only logical thing to do! Both horses really enjoyed telling Vanessa this story. She had been worried about why Carrie had lost weight last winter. She did not know why they knocked the fence down or that Carrie had been afraid to eat the hay.

My very favorite part of this story is that Vanessa had received much of the story from Pedro on her own and didn't even realize it. Throughout the conversation, Vanessa was the one telling me part of the story, but she was telling me things that she did not previously know. As Pedro was telling us how he broke through the fence, Vanessa was "hearing" him tell the story! This is an excellent example of how most people receive telepathic communication from their animals all the time. They just need to learn how to recognize it, how it works, and how to practice it with their animal companions. Of course, Pedro was very excited about helping Vanessa realize how much she can telepathically communicate with her animal friends!

Quote of the Month

"The horse's healing prayer

Your hand has the power

To hurt me or to heal me,

Look into my eyes

To the heart of my soul

And choose to heal me."

-Margrit Coates

This month's quote is a poem by Margrit Coates. It is from her book, Healing for Horses, the Essential Guide to Using Hands-on Healing Energy with Horses. The book is an excellent beginners book about hands-on healing and energy work and how it applies to horses. It explains what healing is for horses, why they need it, and how you can do it. It also includes case histories and explanations of other types of holistic healing methods.

Referral Policy

Established clients will receive \$10 off of their next appointment for each friend they refer who schedules an animal communication consultation or healing arts session.

Comments and Suggestions

Please send me an email with any comments about this issue or suggestions for topics or stories that you would like to see in future issues of the newsletter. I would love to hear from you!

Classes & Workshops

These are the last Reiki classes for 2005. The next dates for Animal Communication and Reiki classes will be Spring, 2006.

Reiki Healing Workshops (Including how to do Reiki with animals!)

Learn the healing art of Reiki, an ancient form of hands-on healing that employs the Universal Life Force Energy to balance and heal the body. The workshops will also explore other healing methods and energy work as well as how to do Reiki and other healing and energy work with animals. They will include hands on practice with people and animals.

Class size is limited to 5 students. All Reiki classes are on Saturdays from 1-6 pm. Location: Kokomo. Workshop fees: Reiki I & II—\$100. Reiki III—\$200.

Reiki I - November 5
Reiki II - September 3
Reiki III - October 15

Note: You can begin taking my Reiki classes at any level. If you have taken Reiki I or II with someone else, you can still take my Reiki II and III classes. Continue your Reiki training and learn about using Reiki and other healing techniques with animals.

See the website for more information about the classes & workshops.

Call, email, or mail the form below to register for a class or workshop.

Class/Workshop _____ Date of class _____

Name _____ Phone number _____

Address _____ City _____

State _____ Zip Code _____ Email _____

A deposit of 50% is required to register. Full payment is due 2 weeks before the class. At that time, no refunds will be made for cancellations. A credit for a future workshop will be issued. Mail this form with workshop fee or deposit to: Karin Gose, P.O. Box 6436, Kokomo, IN 46902.