



 Intuitive Energetics

Newsletter



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News & Updates

New Business Name: I am very excited to announce that my animal communication and healing arts business has a new name, Intuitive Energetics. My practice has evolved and grown over the last few years in ways that I could not have predicted. As a result, I felt the need for a new business name that better represents all that my practice has become.

New Website: The website is finally finished! Please check it out and let me know how you like it. I have included a lot of information on animal communication, Reiki, esoteric healing, CranioSacral Therapy, emotional clearing, massage, essential oils, and flower essences. There are pages for classes & workshops, resources & links, FAQs, gift certificates, more about me, healing arts for people, and other information. Also, I have included a page for pictures of my animal clients. If you would like to have your animal's picture included, I would love to add his/her picture to the website. You can email digital pictures or mail photographs. The photos will be returned.

New Monthly Email Newsletter: I will be publishing a monthly email newsletter beginning in April. It will be very similar to this one. Each newsletter will include information about new services or classes that I am offering, dates & information regarding upcoming events, classes, & workshops, an article featuring a success story about one of my clients, and a special offer of the month (reduced prices for workshops, consultations, etc.). In order to receive the email newsletter, you **MUST SIGN UP** at the website, www.karingose.com. Receiving this newsletter does not mean that you are automatically signed up for the forthcoming email newsletters. All email information will be kept strictly confidential. If you do not have access to email, you can receive a printed copy of the newsletter by regular mail. You will need to let me know, by calling or writing, that you do not have email but would like to receive a copy.

Feature Story of the Month

Every month the newsletter will feature a story about a successful communication consultation, healing session, or class/workshop. The first feature is a story that is an excellent example of how an average, household situation can become a stressful and traumatic event to an animal. This story clearly illustrates how animal communication was able to quickly resolve the situation.

Katie



Katie was very upset and anxious when Kay called me. Kay has taken a basic animal communication workshop so she was able to recognize and understand how upset Katie was right away. Katie's situation could have turned into a major emotional and physical crisis, but it was easily resolved with quick intervention. Here is Katie's story as told by Kay to me in an email soon after the consultation.

Dear Karin,

THANK YOU so very much for a very productive consultation this afternoon!!!! With actual demolition and construction four months out, it never occurred to me that the planning stages of remodeling of the kitchen would be so threatening and upsetting to Katie the cat. My husband and I have been talking about doing this project for about three years so the fact that we are talking about it again, even though more seriously, seemed more like an ongoing discussion to me. However, this time we have had the cabinet man in to do measurements for an estimate, a floor man in to talk about how to fix a sagging floor, and a decorator has been here throwing around tons of samples of everything from carpet, to counter tops, to wall coverings. In the discussion about how to fix things, there has been a lot a talk about ripping things out. Couple that with my anxiety about just doing the project along with my confusion and frustration about what colors and textures I should select and you have one distressed household. Katie, of course, has picked up on all of this.

Since the actual start of the project is some time off, I haven't talked to Katie about it. Granted, I should know better. Katie always checks out who is here and eavesdrops on all that they say. The ripping out is going to take place where her food is stored and where she eats and drinks. No wonder she is so angry and upset. During the last week, her behavior has caused me much concern. She has been lethargic, and when I try to pet her, she runs from me and hides with wide-eyed anxiety. I truly think that the intervention you did today in identifying the problem prevented a major health crisis. With her 20 plus years on this earth, she is not keen about anything in her world changing. And I am sure she also had issues about her physical safety. Now that we all understand that everything is going to be better in the end, we can work on the project together. Tonight, Katie is much more relaxed and back to her demanding self. I think everything will be much better from now on. Again, thank you!!!

Update—Katie has remained calm and relaxed and is no longer upset or worried about the upcoming remodeling.

New Feature Stories

The newsletter will feature all types of stories about animal communication, healing arts sessions, classes, and workshops. If you would like to share a story about how a class/workshop, an animal communication, or a healing arts session has benefited you and/or your animal companion, please send it to me. You can mail or email it or call me with the story. Your animal companion's story and picture could be featured in an upcoming newsletter!

This Month's Special Offer

The special offer for March is 25% off the Basic Animal Communication Workshop on April 2 & 3, 2005. Call me or see the Animal Communication Classes & Workshop page on the website for more information about the workshop.

Each month the email newsletter will feature a different special offer. Future offers will include discounts on animal communication consultations, various healing arts sessions & services, classes, and workshops.

Poem of the Month

Apprehend God in all things,
for God is in all things.

Every single creature is full of God
and is a book about God.

Every creature is a work of God.

If I spent enough time with the tiniest creature-
even a caterpillar-
I would never have to prepare a sermon. So full of God
is every creature.

by Meister Eckhart

"Earth Prayers from Around the World" - edited by Elizabeth Roberts and Elias Amidon

Classes & Workshops

Basic Animal Communication Workshop

Introduction to the key elements of telepathic communication with animals. Through in-class exercises and meditations, students will practice techniques that will increase their awareness and understanding of animals as well as their receptivity to telepathic communication.

Saturday & Sunday, April 2 & 3, 1-5 pm
Fall dates to be announced soon.

Workshop fee: \$200. A deposit of 50% is required to register. Full payment is due two weeks prior to the workshop. At that time, no refunds will be made for cancellations. A credit for a future workshop will be issued.

Reiki Healing Workshops (Including how to do Reiki with animals!)

Learn the healing art of Reiki, an ancient form of hands-on healing that employs the Universal Life Force Energy to balance and heal the body. All Reiki classes are on Saturdays from 1-6 pm.

Reiki I - April 9 & July 9
Reiki II - May 7 & August 13
Reiki III - June 4

Workshop fees: Reiki I & II—\$100. Reiki III—\$200. A deposit of 50% is required to register. Full payment is due two weeks prior to the workshop. At that time, no refunds will be made for cancellations. A credit for a future workshop will be issued.

*See the website for more information about the animal communication and Reiki workshops.
Call or email to register for a workshop.*

New Referral Policy

This is an ongoing offer in addition to the monthly special. Established clients will receive \$10 off of their next appointment for each friend they refer who schedules an animal communication consultation or healing arts session.

Comments and Suggestions

Please send me an email with any comments about this issue or suggestions for future issues of the newsletter. I would love to hear from you!