



Newsletter

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See website for Karin's credentials and practice philosophy.

Newsletter Subscriptions: If you received a copy of the newsletter as a forwarded document from a friend, I encourage you to subscribe to it to ensure that you receive future issues. To subscribe, go to the website, email or call me. It's free!

News & Updates

Workshop Updates:

Basic Animal Communication 1 workshop---this coming weekend (July 12th & 13th) in Fishers, Indiana still has 2 openings. Sign up today!!! It's not too late!

Esoteric Healing News:

In May, I once again spent a week at the Bioenergy Institute in Michigan where I attended the Advancing in Esoteric Healing Level 4 workshop. It was an amazing class. I learned even more new information and techniques for healing and balancing at the soul level; specifically, healing and releasing karma, restrictive thinking, and will to live issues. I have already had the opportunity to use this new work with many of my human and animal clients. It is amazing work to share!

All About Animals Recovering from Grief

This month's feature story is a follow up to the previous newsletter stories about death and dying issues. However, this month the focus is on the animal companions that are still with you. Before and after an animal companion dies, it is very important to remember to take care of the other animals in your family. It is very easy to get caught up in the grief of losing a family member and forget how much our other animal companions need us at this time. The animals experience grief and loss as much as we do. They need our time, attention, and love more than ever during these times of transition. Often, taking care of them can also be very healing for you.

This month's feature story is about one family's experience after a very special sheltie named Bailey died. It illustrates how, with communication and love, this family was able to help each other heal and move forward with a new and wonderful life together.

(The previous articles on death and dying can be found on the website.)

Feature Story of the Month

“A Time for Love & Healing”

I met Michele and her family a few months after their sheltie, Bailey, had died. The whole family had been through a difficult time with Bailey's long illness and finally his death. When Michele called me, she was very worried about her other sheltie, Brandy. Since Bailey's death Brandy had not been her normal, happy self and she had developed some minor health problems.



Bailey and Brandy

During my first session with Michele and Brandy, Brandy told us all about how she had felt since her long time friend and companion had died. Brandy said that Bailey had always been there with her and she didn't know how to be without him. After he left, Brandy just wanted to curl up and sleep. For awhile, Brandy felt like she couldn't fill Bailey's shoes. She was confused about how she could fill both her and Bailey's rolls in the family. She did feel a little better after the new, sheltie boy, Logan, arrived. Brandy said that, even though she loved Logan, he played too much and he was just so different than Bailey.

Also, Michele wanted to know about Brandy's health issues. I asked Brandy about them. Brandy's response was that she was SO afraid of getting sick. She NEVER wanted to feel Michele and her husband grieve again like she had watched and felt them do with Bailey.

In this situation, the true healing happened after our session. Michele writes, “The main thing that came from our session with Karin happened later, after we finished our session and really digested what she had said about Brandy. We began to realize how deeply affected she was by losing Bailey. One of the things that Karin shared with us about our process of grieving was that Brandy was deeply, deeply concerned about us after Bailey passed. That just broke my heart. So we sat down and really talked to Brandy. We told her we knew that she loved Bailey and missed him as much as we did. We told her that we were sorry for walking around like zombies for those few weeks after he left us. We promised her that it would be okay again and she shouldn't be sad anymore.”

“Brandy, too, was grieving and it took that session with Karin to knock us on the head to see it. Sure, we hugged her and loved her after Bailey left--- but all of our energy had been spent on Bailey for six months. Brandy wasn't neglected by any means, but we didn't take the time to talk to her and let her know it would all be okay again.”

“The turn around of behavior in Brandy since the session has been amazing. She came out of her shell. She became playful again. She became animated. This dog who never liked to play very much, started going to her toy box. She started playing hard. She would come up to us and bring a toy and we were like 'who is this dog'???!!!! It was like we renewed something in her. Our session with Karin was SO helpful to us in our grieving process. So---that is why we are grateful.”



Logan and Brandy

Quote of the Month

The World to Come

*In the World to Come
the walls between our hearts will break
and the world will be flooded with light.
Angels will sing and dance with joy.
But angels who had worked so hard for this glory
will rest weary heads on their paws and purr.*

By Cecilia Elman,

published in "Species Link", Summer 2008 Issue 7

FAQs of the Month

How old do animals have to be for you to be able to telepathically communicate with them?

You can communicate with an animal at any age. I have been with animals as they are born and have communicated with them from the beginning. I have even communicated with a few puppies when they were still in the womb. Age makes no difference in the animals' ability to receive some form of communications, especially feelings. However, age does effect the kind of communicating you can do with them. As the puppies, kittens, or other young animals age, their ability to communicate back and forth with you and discuss more complicated issues, does improve. I have had puppies as young as a few weeks old communicate with me and have a specific conversation. However, with some animals, this type of communication develops at a later age, depending on the animal and it's environment. Also, very young animals often have very short attention spans! Some of them may be old enough to talk about what they want to do with their life, but some of them will be more apt to talk about all the fun things they have in their new homes and not care about discussing their future!

Referral Policy

Established clients will receive \$10 off of their next appointment or workshop for each friend they refer who schedules an animal communication consultation or healing arts session.

Classes & Workshops

Basic Animal Communication 1 & 2

Purpose of the workshops: These workshops will introduce the concept of animal communication, what it is, and how it works. In addition, it will introduce the specific techniques and skills necessary to begin to learn how to actively participate in the realm of animal communication.

Basic Animal Communication 1

Here is what you will learn--through lecture, class discussions, and in-class exercises.

You will:

- be able to define what animal communication is;
- be able to comprehend how animal communication works for both animals and people;
- be able to identify the skills needed for basic telepathic communication and communication with animals;
- with continued practice at home, be able to begin to develop and apply these telepathic communication skills.

Prerequisite: None. **Class size** is limited to 12 students.

Workshop fee: \$170 (This is a two day workshop.)

Dates: Sat. & Sun., July 12-13, 1 - 5 pm. **Location:** Fishers, Indiana
Sat. & Sun., Nov. 1-2, 1 - 5 pm. **Location:** to be announced (Indy or Kokomo)

Basic Animal Communication 2

Here is what you will learn--through lecture, class discussions, and in-class exercises.

You will:

- be able to grasp how animal communication works beyond the basic skills;
- increase and expand on the skills, understanding, and sensitivity used in animal communication;
- be able to apply more complex questions and interactions with the animals;
- receive validation for their animal communication skills that you have been learning.

Prerequisite: You must have previously attended a basic animal communication workshop with Karin, or with permission, you may take the class if you have taken a basic animal communication workshop with another professional animal communicator. **Class size** is limited to 12 students.

Dates: Spring 2009. (This is a two day workshop.) **Location:** Kokomo, Indiana

Reiki plus Energy Balancing I

Purpose of the Workshop:

This is the introduction to the three part series of Energy Balancing and Reiki workshops. While each workshop is complete in itself, a person who completes the entire series will be qualified to be a Reiki Master and will be able to channel significantly more healing Reiki energy.

This workshop will introduce the concepts of Reiki, natural healing, and energy balancing. In addition, it will introduce the specific techniques and skills necessary to begin to learn how to do basic hands-on healing with your family, friends, animals, and yourself. See the website for workshop objectives.

Prerequisite: None. **Class size** is limited to 5 students.

Workshop fee: \$135. (Includes a class manual.)

Dates: Saturday, September 6, 11 am - 6 pm

Location: Kokomo, Indiana

Reiki plus Energy Balancing II

Purpose of the Workshop:

This is an exciting workshop in that it not only enables you to perform distance Reiki healing on an emotional, mental, and/or physical level, but also by receiving the Reiki II attunements, you will significantly increase your ability to channel Reiki healing energy. It will introduce more detailed concepts related to discerning energy. In addition, it will introduce the specific skills and techniques required to be able to begin using your Reiki skills to assist others beyond your friends, family, animals, and self as a beginning Reiki practitioner. See the website for workshop objectives.

Prerequisite: Reiki I (by any teacher). **Class size** is limited to 5 students.

Workshop fee: \$135. (Includes a class manual.)

Dates: Saturday, October 11, 11 am - 6 pm

Location: Kokomo, Indiana

Reiki plus Energy Balancing III

Purpose of the Workshop:

This important workshop will serve as a key ingredient to integrate all of your previous Reiki energy into becoming a Reiki Master. It will allow you to channel a significantly more powerful healing energy to your clients, both humans and animals. This workshop will introduce you to specific techniques and methods of practice that will enable you to positively balance a client's energy and chakras. In addition, you will learn the skills necessary to pass Reiki attunements on to others. If desired, with additional study and practice you will be able to become a Reiki teacher. See the website for workshop objectives.

Prerequisite: Reiki II (with any teacher). **Class size** is limited to 5 students.

Workshop fee: \$225 (Includes a class manual.)

Dates: Saturday, November 8, 11 am - 6 pm

Location: Kokomo, Indiana

Reiki Templar Degree

Purpose of the workshop:

This workshop will explore the significance of the Templar Degree as it relates to oneself and one's personal and professional Reiki practice. It will provide those Reiki practitioners who feel called to receive it, the opportunity to become more fully conscious of the spiritual expression of the Reiki energy.

Key Features and Benefits of the workshop:

- The Templar Degree class will provide information that will help you to:
 - understand what the Cosmic Consciousness is,
 - have a better and clearer answer to the question of "Who am I?",
 - manifest the Cosmic Consciousness in your daily life by opening to the Oneness of all life.
- Receiving the Templar Degree attunement will assist you to:
 - maintain groundedness and centeredness,
 - release the energy of old issues and replace it with energy of Peace, Love, and Oneness.
 - deliver enhanced healing energy to oneself and clients,
 - expand the awareness of the Cosmic Consciousness.
- By participating in the Templar Degree ritual/ceremony, you will become more sensitive to the new Cosmic Consciousness in your own life which will allow you to:
 - move into a higher spiritual place,
 - establish a stronger connection with your Reiki clients and recipients,
 - be able to share your connection to the Cosmic Consciousness with clients and the world.

Prerequisite: Reiki III (with any teacher). **Class size** is limited to 6 students.

Workshop fee: \$75 (Includes a class manual.)

Date: Saturday, September 13, 1 - 4:30 pm. **Location:** Kokomo, Indiana.

Call, email, or mail the form below to register for a class or workshop.

Class/Workshop _____ Date of class _____

Name _____ Phone number _____

Address _____ City _____

State _____ Zip Code _____ Email _____

Credit Card Type _____ Number _____

Expiration date _____ Amount Paid _____

A deposit of 50% is required to register. Payment can be made by Visa, Master Card, check, or money order. Full payment is due 2 weeks before the class. At that time, no refunds will be made for cancellations. A credit for a future workshop will be issued. Mail this form with workshop fee or deposit to: Karin Gose, P.O. Box 6436, Kokomo, IN 46902.