



Intuitive Energetics™  
Newsletter



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Animals and Their Jobs

The topic for this month's newsletter is animals and their "jobs". Having a job to do is very important to the animals. Animals usually do not think of their jobs as an obligation, a chore, or something they would rather not be doing. Instead, most animals love their jobs. They often they feel very honored to have them. Having a job gives the animals self-confidence and self-esteem. It makes them feel important & valued. In short, it gives them a purpose in life.

People are often surprised to hear what their animal companions' jobs are. The jobs can range from being your companion when you take a walk or guarding your house to helping your child through a difficult time or helping you with your emotional or spiritual life. One job is not more valuable than the other. To the animals all jobs have value and importance.

Sometimes animals may feel like they do not have a job or that you do not think their job is important. When animals feel unimportant, insecure, or bored, they may react by exhibiting emotional and behavior problems. In these cases, finding or identifying meaningful jobs can bring about remarkable changes in the animals as they discover their function and importance in life.

Animals' jobs can also change throughout their lifetime as families and situations change. Sometimes these periods of transition can be very hard for the animals and can be another cause of emotional and behavior problems. As families and/or situations change, animals may feel like their jobs are unnecessary or they are not needed anymore. This can make them feel unimportant or even unloved. However, these situations can all be resolved by talking to your animals to learn how they are feeling and to assure them that they are still very loved. You can remind them that their jobs are still very important to you or maybe find them a new job that better fits the new situation.

## Feature Story of the Month

This month's feature story is going to be different. Instead of the usual client story, I am going to introduce you to my animal family. This will give you a chance to meet my wonderful animal companions. At the same time you can learn from their examples how animals have a wide variety of jobs and how the jobs can change over time. You will see how some jobs are individual and some jobs are shared. My current family consists of my husband, Mark, four dogs and two cats.

### **Gretchen**

Gretchen is a nine year old boxer who has had a lot of different jobs. Gretchen came into my life to change it. She has always been a fabulous athlete and Mark and I knew when she was just a puppy that she would love to compete in sports. So, when she was a year old, I took her to agility classes. Here she introduced me to all the right people who would lead me down all the right paths that would change my life and career. I would not be doing this work today if not for Gretchen.



When Gretchen had my new life path secured, she moved on to her next job. This time it involved my husband, Mark. She decided she was finished competing in agility and now she wanted to compete in freestyle frisbee competitions with Mark. She wanted him to get out of the house and have some fun. Her job was to teach him how not be stressed out by work all the time. Gretchen once said that although winning the ribbons and trophies were fun, she is much more proud of changing Mark's life for the better and helping him be healthy. (Gretchen LOVED playing frisbee! And, she was VERY good at it, too. She is the only boxer to ever qualify for US Disc Dog Nationals or compete in the world finals--twice.)

Another one of Gretchen's jobs and passions is teaching. She has had many teaching jobs: helping me teach agility classes, teaching new puppies as they grow, and teaching Mya (our youngest dog) how to compete in frisbee competitions. Now she helps me teach communication and healing classes. Gretchen is an amazing teacher!!! She has a remarkable ability to help the students relax and open up to the realization that they can communicate with animals or do hands-on healing.

### **Luke**

Luke is a nine year old boxer. He came to live with us when he was 8 months old. Sometimes our animal companions choose to teach us by example or experience and Luke has done that for me. Luke had some behavioral issues when he was younger. Those issues lead me to an animal communicator. I was able to experience, first hand, the magical outcomes that can happen when we listen to our dogs and address their issues through communication and understanding. We found out that Luke had been mistreated emotionally and physically before he came to live with us. Luke showed me how this can affect animals and how they can overcome it.



Luke has had a lot of other important jobs, too. When I was away doing agility with Gretchen, Luke was Mark's companion and caretaker. When Gretchen and Mark started competing in frisbee, Luke had to share his job as Mark's primary caretaker. It was a difficult transition for Luke. We had to explain to him how his other jobs were just as important. His primary jobs always have been to be our companion, guardian, and protector. He also enjoyed the job of walking in the park with me. It was his job to get me out there to exercise and to protect me while we were there. Luke was never interested in competing in sports or having any of the "glamorous" jobs. He was always happier staying and working at home with the family. He has been a wonderful companion and guardian who was VERY good at his jobs--and I have learned so much from him.

## Feature Story of the Month Continued

### **Lorelei**



Lorelei is four years old. She showed up in our yard when she was about 5-6 months old. She had a broken leg and weighed only 3 pounds! She had a couple of very big jobs right from the beginning. First of all, she had to teach Luke that cats are family members that have a soul. Since Luke had not lived with a cat before, that was a very difficult job. And, at the same time, she had to show me how let go of and heal my cat allergies. She was very patient, persistent, and successful with both of her first two jobs. Now, Lorelei is very settled in and queen kitty of the house. She says that she came here to bring joy, playfulness, and an intuitive feminine energy to the family. She also helps me with my healing work and she helps teach Reiki and animal communication classes. She is my muse, my inspiration, and she helps me with my intuitive and spiritual growth.

### **Sebastian**



Sebastian is three years old and he is quite a character! After Lorelei was accepted into the family, I wanted another cat and I wanted it to be an orange kitty. Soon after that, Lorelei found Sebastian (and all of his litter mates) outside of my office window. They were about 3-4 weeks old and you could tell that Sebastian was the leader of the pack. Of course, he stayed with us and he has been entertaining us ever since. Sebastian says that his jobs are to keep us entertained and to lighten things up. That is exactly what he does!!! We laugh with him every day. His antics and acrobatics are so refreshing and fun. He says that it would be very boring here without him and he is right! Recently, he has also stated that one of his jobs is to, "keep things moving--for me and the rest of the family". He is excellent at all of his jobs and we are very happy that he came to live with us.

### **Penelope**



Penelope is a three year old Sheltie (Shetland Sheepdog). She is a VERY busy girl who has a lot of jobs. She came to be my companion, to bring joy & playfulness to the house, and to bring me a mothering-type of energy. (And, yes, sometimes she does act like she is the mom.) Penny came with a huge passion for agility! She loves training, classes, and competing--and she is very good at it. She also works very hard at helping me with my work. If I am on the phone with a client, Penny is under my desk and is busy helping with the consultation. Additionally, she helps teach classes and workshops with me. She told one of my students that she was the "greeter dog" for all the classes. By example, Penny teaches me how to integrate fun and work. She loves competing in agility and she loves to help me with my work. Both are very important to her. Her registered name is Faerie Penelope Dreamweaver. She picked her name and it fits her perfectly. She weaves my dreams into realities.

## Feature Story of the Month Continued



### **Mya**

Mya is a Belgian Malinois. She will be two years old in December and is she ever a handful!!! She is very psychic, very intelligent, and she has huge energy--quite an interesting and powerful combination! We call her our wild child. After Gretchen had to retire from frisbee competitions, Mark searched for an additional companion. From the very beginning, Mya said that she came here to play frisbee and that is what she does! She LOVES everything about it: the playing, training, traveling, and competing. She is Mark's dog in every way. She is an amazing athlete. In her first year of competition, she has competed in ESPN's Great Outdoor Games, she is the US Disc Dog National's midwest freestyle champion, and has qualified nationals. Mya will also tell you that she came to live here because she wanted a lifetime of fun and family--that is what she has and what she brought to us, also.

## Quote of the Month

I spent a week in Louisville last month at a CranioSacral Therapy level II Workshop. On the last day, as a part of the closing circle, our instructor recited a quote by Albert Einstein. I liked it so much that I knew I had to pass it on to you in the next issue of the newsletter. So, here it is---

"A human being is a part of a whole, called by us 'universe', a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest...a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty."

-Albert Einstein

## Classes & Workshops

The dates for Animal Communication and Reiki classes for Spring 2006 will be announced in the next edition of the newsletter. They will also be posted on the website as soon as they are available.