



### Karin Gose

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### News & Updates

#### **Introducing Dreamer:**

I am very excited to introduce my newest family member, Dreamer--a 3 month old sheltie. Her registered name is Faerie Dreamtime Guardian. I was with her when she was born and was able to visit with her frequently until she came home at 9 weeks. It has been a wonderful three months!



**Dreamer**

Dreamer is here to help me with my work. She will be helping Penelope, a 5 year old sheltie, with clients and helping all of us teach classes. Already, she has been working hard at her new job. Penelope and I are very excited and grateful to have Dreamer join our teaching/healing team.

When Dreamer is not busy working, she is a very fun loving, happy puppy and so full of mischief! She loves to play with toys, the other dogs, and go out to meet new people.

My house is very full again! I now have 3 shelties (Penelope, Blaiden, and Dreamer), one Belgian malinois (Mya), and, two cats (Lorelei and Sebastian). I am so grateful for all of these very special beings who have chosen to be here with me to help me with my life and my work!

## Feature Story of the Month



### *“That’s Life” A Message from a Butterfly*

This month's feature story is one of my stories. It happened about a year ago, right around the time when my 10 year old boxer, Luke, had to be assisted in his transition to the other side.

It was a very difficult time for me. Luke had a lot of typical old age issues---vision loss from cataracts, heart valve problems, pain in his neck from spinal degeneration, and possible ACL damage. He also had a more serious issue. There was something going on in his brain, most likely a tumor, that was effecting his mental abilities. At first, Luke's senility was typical for an old dog. He would start barking at something outside and then not be able to stop; or he would wake up in the middle of the night and not want to go back to sleep because he was convinced it was daytime. The situation became more difficult when the symptoms started to include aggression and eventually biting. There were times when Luke would look at me, I would reach over to pet him, he would be startled, not recognize me, and bite. I was lucky that they were never severe bites, but it was hard on both of us. When the episodes would happen, Luke would not be aware of what he was doing or even remember what had happened when I would asked him about it later.

During the last year or two of Luke's life, I tried EVERYTHING there was to try for his condition---from any alternative or natural remedy I could find to conventional drugs. Nothing worked or helped relieve his symptoms. Towards the end of his life, I spent most of my time thinking and worrying about Luke: what were we going to do, what else could I do to help him, what was the best thing to do for Luke, what was best for our family, what was the answer.....I was in desperate need of some guidance!

Then one day when I got home from running some errands, I immediately noticed that there was a black butterfly caught in a spider web above the garage door. His wings were beating faster than I had ever seen a butterfly do. I went right into rescue mode and communicated to the butterfly what I was going to do. I had to use a long stick to reach up and try to free him from the web. I was almost successful and he was free of the web except for a long string of web that was now stuck between him and the stick. The butterfly was still going crazy flying around the stick. I was telling him to be calm and I would pull the string off. But how could I do that without damaging his wings? I decided to set him on top of a fence post. That way I could use the fence to get hold of the web instead of his wings. I put him on the post and started to remove the web. It almost worked except he pulled away a few seconds early. He was free and sitting on top of the fence, but he still had an inch of web hanging off the tip of his wing. Before I could talk to him again, he took off and tried to fly. The wings immediately stuck together and he took a nose dive into the backyard. I ran around to the other side of the fence to find him. I found him sitting on the grass with his wings stuck together straight up in the air.

I went over to him to quietly talk to him. I told him that I could try to fix this (again), but he was going to have to hold very still and trust me. He was very quiet and I picked him up. He held very still in my hands and I cleaned the spider web off of both of his wings. He was very pretty. Not black, but very dark brown with blue and yellow markings. After his wings were cleaned he didn't leave. He stayed with me for awhile and walked all around on my hands, sniffing and feeling my hands and fingers. It was such a great moment! He was learning about me and I was experiencing what it was like to be a butterfly through him. It was one of those moments when I think, "This is why I love my work!"

## Feature Story of the Month - continued

After a very nice visit, the butterfly said thank you and flew off. He flew so high, higher than I thought a butterfly would go, but I could still see him flying round like crazy. I was happy; the butterfly was happy and free!!!

Then, I saw two birds, maybe martins, flying high in the sky across the yard. More beautiful creatures had arrived. They were gracefully flying across the yard and then one of the birds quickly flew over and ate the butterfly!!!! I was so surprised that I just stood there staring at the sky!!!! All of my hard work to save the butterfly and he flies away only to be eaten by a bird!!!!!! I was stunned. Then, the just eaten butterfly said, "That's life."

It took a few minutes for me to absorb and process the butterfly's message. His message to me was---- you can try to save someone (for me, Luke) over and over again, but when it is his time to go, it's his time to go---no matter what you do or try to do to save him.

Once again, I had found not only my answer, but so much comfort from nature and the animals. It was Luke's time to go. Continuing to look for solutions that did not work were only prolonging the inevitable and not helping either one of us. "That's life" and it was time to say our good byes.

## Quote of the Month

This month's quote is from one of my favorite books, Talking with Nature, by Michael J. Roads. In the book, Michael Roads writes about his journey of discovering his ability to talk with Nature. In the beginning, he doubts his sanity as the river begins to talk to him. But he continues to be open to the experiences and he has many amazing encounters with birds, lizards, trees, and other aspects of Nature. As he learned to let go and allow these presences to teach him, a whole new world awakened for him.

The book chronicles Michael Roads' journey from doubt and fear to acceptance and knowing. In the book, he shares many of the wonderful, inspiring, and insightful messages that he received from nature. Below is one of the messages that he received from a Jade plant:

*"If it cannot be seen, heard, touched, smelled, or tasted, it is not received by physical man. The five senses of man. The four walls and the lid of your prison. Discard them. Touch will not determine subtle shapes. Eyes will not perceive reality. Ears do not hear the song of the universe. You cannot taste the food of the angels or smell the fragrance of a higher truth. We rejoice as you begin to unshackle the self-imposed chains of limitations.*

*Use your physical senses, enjoy them, but never for one moment believe in them as complete reality. Your heart knows--- experience.*

*Believe, believe.*

*Whatever you believe---is so."*

## Message of the White Buffalo

through Dawn Hayman

"Come into my heart and feel the peace of the Earth. My heart has merged with that of Earth herself. The Earth is experiencing great changes and healings. She needs our support as we move with her. She needs us to keep her in our thoughts and prayers and she needs to know she is among our heartbeats. One beat. We are all one beat. The coming of the white buffalo is a signal of the healing. White Buffalo ushers in the new peace and the connection of all the peoples and animals of Earth. The buffalo knows the Earth and knows her heart. The buffalo are the keepers of the Earth's heart. This is powerful medicine and enormous healing. It is offered to all who will join with her heart and occupy that space with her. We can all heal together. We will all know the peace and love of the universe. It is blossoming through the Earth and nurtured at her breast. This healing can come through you as you were chosen by the White Buffalo. Great peace and love await all. Focus your prayers and thoughts and your intent for Earth to heal. It will help her to do so. The animals are carrying within them the peace, love, and the open heart that is to come to humans as well. Each unto their own gifts, they give freely. Walk with an open heart. You will find great peace and not despair."

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## Classes & Workshops

The schedule for the 2008 classes and workshops is under construction. It will be announced in the January/February 2008 Newsletter. However, for a sneak preview, check the website. It will be posted there as soon as it is completed. Topics will include: animal communication, energy balancing and Reiki, totem animals, and more.

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