



Intuitive Energetics

Newsletter



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Rescued or Abused Animals

The topic for this month's newsletter is rescued or abused animals. Although these animals have their own unique experiences and stories to tell, often there are very common problems that these animals face after they are adopted by their new families. Sometimes animals that have been rescued and/or abused have a difficult time adjusting to their new lives. They can feel traumatized from abuse, abandonment, or being lost. They can feel insecure or fearful about their new surroundings and their futures. This trauma, fear, and insecurity can lead to unusual or worrisome behaviors.

The good news is that communication sessions with animals that have been rescued and/or abused can be extremely healing. Giving the animals a chance to express how they feel about what happened to them allows them to release and heal the emotional trauma and move forward with their lives. Also, animals who have been rescued or who have lost their homes need to be reassured that they are safe and in their new, "forever" home. The reassurance and understanding that communication can give to rescued animals often can bring about a new sense of peace, calmness, and confidence.

This month's feature story is about a rescued Shetland sheepdog named Mr. Rusty. The first time that I talked to Mr. Rusty he was very upset, confused, and insecure about his past and his future. He was upset about being given away by his former family, traumatized by being lost and on his own for so long, and he was afraid that his new family also would give him away. However, the communication session with Mr. Rusty was very therapeutic for him. He was able to talk about his experiences and how he felt about them. And, he was reassured that his new family would never give him away. With time, love, and communication, Mr. Rusty was able to let go of his trauma and enjoy living with his new family. Today he is confident, secure, and very happy. He is also very busy with his new jobs for the family, including teaching his new mom how to communicate with him and be connected to him telepathically from a distance.

Feature Story of the Month

-written by Deb Schleutker (Mr. Rusty's new mom)

This is a story about a dog named Mr. Rusty, a "senior" sheltie. He is very young at heart and mind, and surprisingly acts more like a rowdy teenager instead of the mature 12-year-old (or so) dog that he really is. Mr. Rusty is special...not only because he's part of our family, but because of how he became a part of our family.

Mr. Rusty



We saw Mr. Rusty's picture and story on the Indiana Sheltie Rescue web site (along with many others...) and he was irresistible. He looked like a perfect angel. He was meticulously groomed and so well mannered; it was difficult to believe anyone could let him go. His story was a tragic one, but could have been worse. He was found in a cornfield somewhere in southern Indiana in the middle of winter, starved to bare bones. The hair he had left on him was matted and infested with bugs. He also had overgrown and bloody nails, broken and missing teeth, infected ears, and who knows what else. However, he was hanging on to life and was lucky to be nursed back to health by a very experienced veterinarian who took him in for a couple of months.

When we were called by the Sheltie Rescue Mom and asked if we would adopt, or at least consider being foster parents for Mr. Rusty, I knew I couldn't resist. We decided we would keep him, crate, medications, special food, treats, and all. But then the next hurdle came. My next job assignment took me to New York...for a month. I felt I had barely gotten acquainted with our new family member, and now I had to "desert" him.

Now, this is where the background ends...and the conversations with Karin begin, as well as my relationship with Mr. Rusty. Understanding my stress, the Sheltie Rescue Mom gave me Karin's name and phone number. She told me about how Karin had helped others who had concerns about their adopted and rescued dogs. So while in New York, I called Karin and made an appointment. I had 2 pages of questions and we must have talked for over an hour. The experience was almost surreal, like I was talking to Mr. Rusty for the first time. I learned he had lived with a loving family where there were children and he had a fenced in back yard to play in. Also, there was a cat that he enjoyed playing with, and he missed being there. But something changed around Christmas time, or when the weather started getting cold. Family members were acting differently, like they were getting ready to move or have someone else come live with them. Mr. Rusty was taken to another house to live and he did not like it there. He ran outside, and kept running, and got lost. Then he was alone, wandering through fields and streets. He did not know where he was or if he was going to find his family again. Why did they leave him? Where did they go? All he knew to do was to keep walking, sleeping when he could, and eating whenever he could. He remembered catching a bird one time. And finally, he remembered being picked up and taken to the vet's house where he got a bath. He did not like the bath, but he liked how it felt afterwards.

As we talked, Mr. Rusty's responses and reactions to my questions revealed his true personality. He was a survivor. He was a unique soul, with his own feelings and thoughts about everything. He was angry at

Feature Story of the Month Continued

the people he used to live with and didn't understand why he didn't live with them anymore. Now he was in a different home and did not know what was going to happen next. Karin reassured him he was in a home where we loved him and wanted him to stay forever. I wanted to make sure he understood I had to work away from home sometimes, but that I was always thinking of him and would be back home as soon as I could. Then Mr. Rusty told me he had a job too. His job was to take care of our son (and entertain him) while he was home and the bond between our (now 22 year-old) son and Mr. Rusty has grown very strong.

Understanding more about Mr. Rusty's background, and the world as he sees it, I am able to let go of my worries and enjoy his companionship more, even if we are miles apart. While my job still requires me to take trips, I have learned to reconnect with Mr. Rusty when away from home, and feel his presence always with me. But reaching this point of "connection" has not been easy, nor has it happened overnight. Having a conversation with Karin is like getting a booster shot of love and recognition from Mr. Rusty; all the little thoughts or instinctive feelings suddenly become a clear understanding of how to be together again. The method of communication is just different when we're not physically together. Sometimes I don't know if I'm really getting messages from him, but I see the world differently. The result of our growing relationship has definitely made me a happier, more loving person. And as for Mr. Rusty, he couldn't be happier!!!! Thanks, Karin.

Quote of the Month

This month's quote is from the book, Acceptance Therapy, by Lisa Engelhardt. The book is one in a series of "elf-help" books. In this elf-help book, the elves offer inspiring text and illustrations on how to accept yourself, your life path, other people's choices, the mystery of life, and the Love that is present in all life. I have picked out several verses that simply illustrate how Mr. Rusty was able to accept his new life. He is a wonderful example for all of us on how acceptance can lead to prosperity in all ways.

"Stop living in a past that is gone
and a tomorrow that is yet to
come. Life is only this place, this
time, this breath--right now....

You cannot change circumstances
or other people. If you don't like
the way your life looks, try
changing the way you look
at life....

Be open to growth. The hard
seeds of misfortune blossom into
the flowers of courage and
compassion....

Give thanks for everything;
a grateful heart yields a harvest
of acceptance."

Referral Policy

Established clients will receive \$10 off of their next appointment for each friend they refer who schedules an animal communication consultation or healing arts session.

Classes & Workshops

These are the last Reiki classes for 2005. The dates for Animal Communication and Reiki classes for Spring 2006 will be posted soon.

Reiki Healing Workshops (Including how to do Reiki with animals!)

Learn the healing art of Reiki, an ancient form of hands-on healing that employs the Universal Life Force Energy to balance and heal the body. The workshops will also explore other healing methods and energy work as well as how to do Reiki and other healing and energy work with animals. They will include hands on practice with people and animals.

Class size is limited to 5 students. All Reiki classes are on Saturdays from 1-6 pm. Location: Kokomo. Workshop fees: Reiki I & II—\$100. Reiki III—\$200.

Reiki I - November 5
Reiki III - October 15

Note: If you have had the prerequisite Reiki classes with another Reiki teacher, you can begin taking my Reiki classes at any level. For example, if you have taken Reiki I with another Reiki teacher, you can take my Reiki II class. You can continue your Reiki training and learn about using Reiki and other healing techniques with animals.

See the website or call me for more information about the classes & workshops.

Call, email, or mail the form below to register for a class or workshop.

Class/Workshop _____ Date of class _____

Name _____ Phone number _____

Address _____ City _____

State _____ Zip Code _____ Email _____

A deposit of 50% is required to register. Full payment is due 2 weeks before the class. At that time, no refunds will be made for cancellations. A credit for a future workshop will be issued. Mail this form with workshop fee or deposit to: Karin Gose, P.O. Box 6436, Kokomo, IN 46902.